What Every Woman Should Know About Breast Cancer

Breast cancer is the most common non-skin cancer among American women. Advances in breast cancer treatment mean many women today can expect to beat the disease and maintain their physical appearance.

5-Year Survival Rate for Women with Breast Cancer

- 63% for women diagnosed before age 50
- 89% for women diagnosed age 50 or older

Risk Factors

- **Age**
  - Most breast cancers occur in women age 55 and older.

- **Gender**
  - Women are 100 times more likely to develop breast cancer than men.

- **Family History**
  - Women with a family history of breast cancer have twice the risk.

- **High Breast Density**
  - Women with dense breast tissue may have a higher risk.

Treatments Options

- **Surgery**
  - Removal of breast tissue.
  - For small tumors, lumpectomy may be an option.

- **Chemotherapy**
  - Typically used in treatment for locally advanced breast cancer.

- **Radiation Therapy**
  - Used to shrink tumors before surgery or to kill remaining cancer cells.

- **Targeted Therapy**
  - Helps newer drugs that target specific genes.

- **Hormone Therapy**
  - Helps older women with estrogen receptor-positive breast cancer.

Understanding the Disease

- **Common Breast Cancer Signs and Symptoms**
  - Changes in the breast or nipple
  - Skin changes or thickening

- **Prognosis**
  - 5-year survival rates are highest for early-stage breast cancer.

Prevention and Screening Guidelines

1 in 8 women will develop breast cancer during her lifetime.

62,930 new cases of invasive breast cancer will be diagnosed in 2016.

268,600 new cases of breast cancer will be diagnosed in 2016.

For more information, visit www.cancer.org/breastcancer/