July Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cancer Treatment Centers of America® Winning the fight against cancer, every day.®	1 9:30-10 Patient and Caregiver Orientation 10:30 - 11:30am. Historical Trolley tour 11-11:30 Intro to QiGong 3-4 Support for Patients	2 9:30-10 Patient and Caregiver Orientation 10-11 In-Touch 11:30–1:30 Lunch with New Friends 1:30-4:30 Premium Outlets 2-3 Silent No Longe Make your own music 6:30 Bingo	3 9:30-10 Patient and Caregiver Orientation 10-11:30 Worship Service 10-11 Mindfulness Practices-2 10:30 - 11:30am. Historical Trolley tour 11:45-4 Gurnee Mills Mall 3-4 Laughter Club	4 Zion 4th of July Festival 3:00pm-10:30pm (Self-Guided Outing) 4TH Of July	5 9:30-10 Patient and Caregiver Orientation 10-10:30 Catholic Communion Service 10:30 Beginning Meditation	6 11:30-4 Gurnee Mills Mall 11-12 Relaxation and Guided Imagery
7 2-3 Worship Service Botanic Gardens 9:30am-12:30pm (Self-Guided Outing)	8 9:30-10 Patient and Caregiver Orientation 10:30 - 11:30am. Historical Trolley tour 11-11:30 Intro to QiGong 3-4 Support for Caregivers	9 9:30-10 Patient and Caregiver Orientation 10-11 In-Touch 11:30–1:30 Lunch with New Friends 1:30-4:30 Premium Outlets 2-3 Silent No Longe Make your own music 6:30 Bingo	10 9:30-10 Patient and Caregiver Orientation 10-11:30 Worship Service 10-11 Wellness Practices-2 10:30 - 11:30am. Historical Trolley tour 11:45-4 Gurnee Mills Mall 3-4 Laughter Club	11 8-9 Men's Breakfast Group 9:30-10 Patient and Caregiver Orientation 11:00 Harmonizing Mind & Body Through Motion 11-12 Chair Yoga 1–4:30 Gurnee Mills Mall 3–4 Through Your Eyes 4-5 Piano for everyone 5:30 What is Cancer	12 9:30-10 Patient and Caregiver Orientation 10-10:30 Catholic Communion Service 10:30 Beginning Meditation	13 11:30-4 Gurnee Mills Mall 11-12 Relaxation and Guided Imagery
14 2-3 Worship Service Kenosha Lake Front 1:00pm-3:00pm (Self-Guided Outing)	15 9:30-10 Patient and Caregiver Orientation 10:30 - 11:30am. Historical Trolley tour 11-11:30 Intro to QiGong 3-4 Support for Patients	16 9:30-10 Patient and Caregiver Orientation 10-11 In-Touch 11:30–1:30 Lunch with New Friends 1:30-4:30 Premium Outlets 2-3 Silent No Longe 2-4 Outer Beauty for Inner Peace 6:30 Bingo	17 9:30-10 Patient and Caregiver Orientation 10-11:30 Worship Service 10-11 Mindfulness Practices-2 10:30 - 11:30am. Historical Trolley tour 11:45-4 Gurnee Mills Mall 3-4 Laughter Club	18 9:30-10 Patient and Caregiver Orientation 8-9 Men's Breakfast Group 11:00 Harmonizing Mind & Body Through Motion 1–4:30 Gurnee Mills Mall 3–4 Through Your Eyes 5:30 What is Cancer	19 9:30-10 Patient and Caregiver Orientation 10-10:30 Catholic Communion Service 10:30 Beginning Meditation	20 11:30-4 Gurnee Mills Mall 11-12 Relaxation and Guided Imagery
21 2-3 Worship Service Kenosha Public Museum 1:00pm-3:00pm (Self-Guided Outing)	22 9:30-10 Patient and Caregiver Orientation 10:30 - 11:30am. Historical Trolley tour 11-11:30 Intro to QiGong 2-3 Play date with Tori (5th floor Board Room hallway) 3-4 Support for Caregivers	23 9:30-10 Patient and Caregiver Orientation 10-11 In-Touch 11:30–1:30 Lunch with New Friends 1:30-4:30 Premium Outlets 2-3 Silent No Longe Make your own music 6:30 Bingo	24 9:30-10 Patient and Caregiver Orientation 10-11:30 Worship Service 10-11 Wellness Practices-2 10:30 - 11:30am. Historical Trolley tour 11:45-4 Gurnee Mills Mall 3-4 Laughter Club	25 8-9 Men's Breakfast Group 9:30-10 Patient and Caregiver Orientation 11:00 Harmonizing Mind & Body Through Motion 11-12 Chair Yoga 1–4:30 Gurnee Mills Mall 3–4 Through Your Eyes 4-5 Piano for everyone 5:30 What is Cancer	26 9:30-10 Patient and Caregiver Orientation 10-10:30 Catholic Communion Service 10:30 Beginning Meditation	27 Lake County Fair 9am-2pm (Guided Outing) 11:30-4 Gurnee Mills Mall 11-12 Relaxation and Guided Imagery
28 2-3 Worship Service	29 9:30-10 Patient and Caregiver Orientation 10:30 - 11:30am. Historical Trolley tour 11-11:30 Intro to QiGong 3-4 Support for Patients	30 9:30-10 Patient and Caregiver Orientation 10-11 In-Touch 11:30–1:30 Lunch with New Friends 1:30-4:30 Premium Outlets 2-3 Silent No Longe Make your own music 6:30 Bingo	31 9:30-10 Patient and Caregiver Orientation 10-11:30 Worship Service 10-11 Mindfulness Practices-2 10:30 - 11:30am. Historical Trolley tour 11:45-4 Gurnee Mills Mall 3-4 Laughter Club	Tour the Hospital: Mon.– Fri. at 11 a.m. Depart from the Lobby	Bold Black = Private Dining Room – Lower Level Teal = Chapel – 2nd Level Blue = Classrooms 1 and 2 – 2nd Level Green = First Connections	