



Cancer Treatment  
Centers of America®

Breakfast is available every day. Options include fruits, yogurts, hot and cold cereals, eggs fixed any way, waffles, pancakes, rolls and much more.

# SAMPLE MENU

## MONDAY

### Lunch

### Dinner

Soup: Carrot and Ginger  
Entrée: Pineapple Marinated Chicken Breast, Sweet and Sour Orange  
Roughly, L/S: Beef Sate  
Accompaniments: Coconut and Mango Rice, Chef's Choice of Organic  
Vegetables, Pinto Beans with Cornbread Sauce: Fresh Fruit Salsa

Soup: Carrot and Ginger  
Entrée: Blue Corn Trout with Crab and Chilies, Carved  
Yucatan Lamb with Smoked Chili Sauce  
Accompaniments: Sweet Cinnamon Rice, Chef's Choice of  
Organic Vegetables, Rattlesnake Beans and Cornbread

## TUESDAY

### Lunch

### Dinner

Soup: Creamy Broccoli and Cheddar  
Entrée: Jumbo Homemade Meatballs, Pan Seared Grouper Filet,  
L/S: Grilled Chicken Breast  
Accompaniments: Bucatini Pasta, Chef's Choice of Organic  
Vegetables, Black Beans with Corn  
Bread Sauce: Lobster Cream Sauce/Marinara

Soup: Creamy Broccoli and Cheddar  
Entrée: Chicken Creole, Crawfish Stuffed Tenderloin  
Accompaniments: Dirty Rice, Chef's Choice of Organic  
Vegetables, Lentils and Corn Bread

## WEDNESDAY

### Lunch

### Dinner

Soup: Tomato Florentine  
Entrée: Moroccan Lamb Kebab, Mediterranean Chicken,  
L/S: Pan Seared Cod  
Accompaniments: Couscous Pilaf, Chef's Choice of Organic  
Vegetables, Great Northern Beans and Corn Bread Sauce:  
Fennel Tomato Sauce

Soup: Tomato Florentine  
Entrée: Cranberry Stuffed Cornish Hen,  
Carved Buffalo Prime Rib  
Accompaniments: Parsnip Whipped Potatoes, Chef's  
Choice of Organic Vegetables,  
Black Beans and Corn Bread

## THURSDAY

### Lunch

### Dinner

Soup: Black Bean  
Entrée: Tilapia Vera Cruz, Chicken and Cheese Enchiladas, L/S:  
Grilled Turkey Medallion  
Accompaniments: Fiesta Rice, Vegetarian Refried Red Beans,  
Chef's Choice of Organic Vegetables, Lentils and Corn Bread  
Sauce: Enchilada Sauce

Soup: Black Bean  
Entrée: Sooner Schooner Chicken, Carved Beef Brisket  
Accompaniments: Slow Roasted Potatoes, Chuck wagon  
Beans, Corn on the Cob, Green Beans, Red Beans and  
Corn Bread

## FRIDAY

### Lunch

### Dinner

Soup: Cream of Asparagus  
Entrée: Ancho Honey Glazed Salmon with Corn and Black Bean  
Relish Pecan Crusted Turkey with Warm Tomato Salsa  
Accompaniments: Molasses Whipped Sweet Potatoes, Chef's  
Choice of Organic Vegetables, Navy Beans and Corn Bread

Soup: Cream of Asparagus  
Entrée: Natural Chicken Cordon Blue, Grilled N.Y. Strip  
Steak, L/S: Poached Salmon  
Accompaniments: Spinach Fettuccine Pasta, Chef's  
Choice of Organic Vegetables, Pinto Beans and Corn  
Bread Sauce: Pommeray Cream Sauce